



11th Parekh Indo - US Foot And Ankle Surgery Conference

(Under the aegis of Parekh Family Foundation and Odisha Orthopaedic Association)

13th - 14th - 15th March 2020 | Venue: Hotel Swosti Premium, Bhubaneswar, Odisha

DAY 1 - FRIDAY, MARCH 13, 2020

Time	Topic	Speaker / Panelist	Moderator / Chairperson
07:00	Registration		
07:50	Welcome	Dr. Selene G. Parekh	
Foot and Ankle Basics			
08:00	Transitioning to be a Foot and Ankle Specialized Orthopaedic Surgeon	Dr. Selene G. Parekh	Dr. Parthiban J Dr. R K Mohapatra
08:10	Live Xray Workshop	Dr. Rajiv Shah	
08:40	Regional Anesthesia in Foot and Ankle with Video	Dr. Amanda Fletcher	
08:55	Associated trauma Case based Discussion	Dr. Sampat Dumbre Patil	
09:10	Live Physical Exam of the Foot and Ankle: Advanced Tests	Dr. Nikesh Shah	
09:25	Questions		
Common Foot & Ankle Pathologies - Case Based Series Moderator: Dr. Rajiv Shah			
09:30 11:00	Plantar heel pain, Posterior heel pain, Anterolateral ankle pain, peroneal tendon issues	Dr. Christopher Ben Hirose Dr. Altug Tanriover Dr. Mark Davies Dr. Nikesh Shah Dr. Pradeep Moonot Dr. Mahendra Kudchatkar	
Acute Foot and Ankle Hindfoot Trauma - Case Based Series Moderator: Dr. Mark Davies			
11:00 12:30	Ankle Fractures, Posterior Malleolus, Syndesmosis, Deltoid Ligament, Pilon	Dr. Selene G. Parekh Dr. Altug Tanriover Dr. Christopher Ben Hirose Dr. Mandeep Dhillon Dr. Rajeev Vohra Dr. Rajesh Simon	
12:30 13:00	Lunch		
13:00 17:00	Live Surgery	All Faculty	Dr. Pradeep Monoot Dr. Mahendra Kudchatkar Dr. Kamal Dureja Dr. Abhishek Kini
17:30 18:30	Sawbone Workshop - Calcaneus, Lisfranc, Talus	All Faculty	
End of Day 1			

DAY 2 - SATURDAY, MARCH 14, 2020

Time	Topic	Speaker / Panelist	Moderator / Chairperson
07:50	Welcome	Dr. Rajiv Shah	
Acute Foot and Ankle Trauma Hindfoot & Midfoot - Case Based Series Moderator: Dr. Altug Tanriover			
08:00 09:30	Calcaneus, Talus & Midfoot/Lisfranc	Dr. Christopher Ben Hirose Dr. Mark Davies Dr. Kamal Dureja Dr. Mahendra Kudchatkar Dr. Parthiban J Dr. Abhishek Kini	
Associated Trauma - Case Based Series Moderator: Dr. Selene G. Parekh			
09:30 11:00	5th MT, Acute/chronic TA tears, Open fractures, compartment syndromes, peroneal tears	Dr. Mark Davies Dr. Christopher Ben Hirose Dr. Altug Tanriover Dr. Ajay S M Dr. Abhishek Kini Dr. Rajeev Vohra	

Foot and Ankle Late Presentation Trauma - Case Based Series
Moderator: Dr. Mandeep Dhillon

11:00 12:30	Chronic Ankle Fracture, Calcaneal Malunions, Missed Lisfranc, AVN, Stress fractures	Dr. Selene G. Parekh Dr. Mark Davies Dr. Rajeev Vohra, Dr. Sampat S Dumbre Patil Dr. Nikesh Shah Dr. Kamal Dureja	
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Miscellaneous Topics

12:30	Orthotics in Foot and Ankle	Dr. Amanda Fletcher	
12:40	Working with Industry	Dr. Robert Holloway	

12:50 - 13:10 Inauguration

13:10 - 13:40 LUNCH

13:40 17:00	Live Surgery	All Faculty	Dr. Rajesh Simon Dr. RajeevVohra Dr. Sundararajan Dr. Sampat S Dumbre Patil
17:30 18:30	Sawbone Workshops - Ankle fusion, ST fusion, TTC fusion, 1st MTP fusion	All Faculty	

End of Day 2

DAY 3 - SUNDAY, MARCH 15, 2020

Time	Topic	Speaker / Panelist	Moderator
07:50	Welcome	Dr. Selene G. Parekh	
Pes Planus Case Based Series Moderator: Dr. Sundarajan			
08:00 09:30	Case based for Stages 1-4 Posterior tibial tendon dysfunction	Dr. Christopher Ben Hirose Dr. Altug Tanriover Dr. Mark Davies Dr. S M Ajoy Dr. Nikesh Shah Dr. Abhishek Kini	
Foot and Ankle Deformity Case Based Series Moderator: Dr. Rajiv Shah			
09:30 11:00	Equinus, Pes Cavus, Neglected CTEV, Polio, CVT, Charcot, Foot drop, TB, Tendon Transfers for Deformity	Dr. Mark Davies Dr. Christopher Ben Hirose Dr. Altug Tanriover Dr. Rajeev Vohra Dr. Sundararajan Dr. Rajesh Simon	
Foot & Ankle Arthritis - Case Based Series Moderator: Dr. Christopher Ben Hirose			
11:00 12:30	Ankle arthritis, ST arthritis, TTC arthritis, midfoot arthritis, 1st MTP DJD	Dr. Altug Tanriover Dr. Mark Davies Dr. Kamal Dureja Dr. Mahendra Kudchatkar Dr. Parthiban J Dr. Sundarajan	
12:30 13:00	Lunch		
	Cases by Delegates		Dr. Mark Davies Dr.Mandeep Dhillon
13:00 13:30	Gunvant & Bharati Parekh Oration - Management of fresh & neglected CTEV	Dr. Alaric Aroojis	Dr. Biswajit Sahu Dr. Debabrata Padhy
Forefoot Reconstruction Case Based Series Moderator: Dr. Ajoy S M			
13:30 15:00	Case based for Hallux valgus/varus, Claw toes, Hallux Rigidus, Plantar Plate, Rheumatoid Foot	Dr. Christopher Ben Hirose Dr. Altug Tanriover Dr. Mark Davies Dr. Nikesh Shah Dr. Pradeep Monoot Dr. Rajesh Simon	
Foot and Ankle Sports			
15:00	Ankle Instability and Chronic Instability	Dr. Christopher Ben Hirose	Dr. Rajesh Simon
15:20	Anterior/Posterior Ankle Arthroscopy	Dr. Selene G. Parekh	Dr. R N Mohanty
Foot and Ankle Surgical Videos and Techniques			
15:40	Broström Gould reconstruction	Dr. Kamal Dureja	Dr. Nikesh Shah Dr. Paresh Pattanaik
15:45	Insertional achilles tendinopathy	Dr. Abhishek Kini	
15:50	Gastrocnemius recession	Dr. Pradeep Monoot	
15:55	Subtalar Instability	Dr. Christopher Ben Hirose	
16:00	Wrap Up	Dr. Selene G. Parekh	
End of Program			